

RAMAKRISHNA MISSION SIKSHANAMANDIRA(An Autonomous Post-Graduate College under the University of Calcutta under section 22
of the UGC Act and duly recognized by the NCTE)**College with Potential for Excellence (CPE)****College of Teacher Education (CTE) & Swami Vivekananda Centre for
Multidisciplinary Research in Educational Studies (SVCRES)**

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Belur Math, Howrah – 711202, West Bengal.

OFFICE OF THE CONTROLLER OF EXAMINATIONS

No. CE-32/EXP/PGDYE/22-23

**Schedule for 2nd Semester Examination of
Post Graduate Diploma in Yoga Education Programme 2021-2022**

| Date | | Course Code | Title | FM | Time |
|--------------------------|-----------|--------------|---|-----|------------------|
| 21.08.2022 (Sunday) | Practicum | PGDYE 109 | Internship | 50 | 11 AM onwards |
| 27.08.2022 (Saturday) | Theory | PGDYE 106 | Hatha Yoga and Value Education | 100 | 12 Noon- 3 PM |
| 28.08.2022 (Sunday) | Practicum | PGDYE 108 | Practicum (II) on Advanced Asanas, Pranayamas, Bandhas, and Mudras, Kriyas, Recitations and Meditations | 100 | 11 AM onwards |
| 03.09.2022 (Saturday) | Theory | PGDYE 107 | Yoga and Mental Health | 100 | 12 Noon- 3 PM |
| 04.09.2022 (Sunday) | Practicum | PGDYE 110 | Project on Yogic Activities | 50 | 11 AM onwards |

08.08.2022

Sw. Urjitananda
08/08/22

(Swami Urjitananda)

Controller of ExaminationsSwami Urjitananda
Controller of Examinations
Ramakrishna Mission Sikshanamandira
Belur Math, Howrah-711202, W.B.Copy to

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|--------------------------------|--------------------------|
| 1. Rev. Principal Maharaj | 6. College Notice Board |
| 2. College Office | 7. Hostel Superintendent |
| 3. Exam. Centre In-Charge | 8. Hostel Notice Board |
| 4. Course Coordinator/Convenor | 9. Website |
| 5. Faculty Notice Board | 10. Scrap/Guard File |